



INTRODUCTION

MEDIATION TRAINING INSTITUTE INTERNATIONAL EAST AFRICA has been providing customized Mediation training, consultancy, and conflict management training for organizations and individuals for many years. Our mission is to provide the best training in mediation and conflict management and other related areas for use at home, in the workplace, commercial settings, Courts and in the community.

TWO DAYS PEER(STUDENT) MEDIATION TRAINING WORKSHOP

MTI East Africa has introduced a **Two Days Peer (Student) Mediation Training Workshop**.

Conflicts are a normal and inevitable part of our lives. Students are bound to have conflicts with peers over the course of their school careers. But it isn't inevitable that these conflicts have to be unproductive, ruin relationships, take time away from academics, or lead to violence. A peer mediation program is an effective way for schools to decrease violence and empower students to better deal with the difficult situations they experience at school, and later as members of society.

A school peer mediation program promotes critical thinking and builds decision-making skills, develops healthy standards of relationship within the school community and supports student self-determination--all valuable tools in an increasingly violent and disconnected world.

Having a solid peer mediation program in place helps schools become safe and respectful learning environments.

OBJECTIVES OF PEER MEDIATION

Peer mediation:

- Empowers students with the skills and strategies for dealing with conflict;
- Develops communication and decision-making tools that influence choices in the future and increase leadership potential;
- Helps students gain perspective and understanding of themselves, others and their issues;
- Improves school climate by building relationships;
- Reduces the alienation, disenfranchisement and powerlessness that many students feel;
- Builds a strong sense of cooperation within the school community in order to address disputes that interfere with learning.

THE TWO-DAY PEER MEDIATION PROGRAM

Day One

8:30-8:45 -Students settle in and fill out nametags.

8:45-9:00 -Brief introduction and welcome.

9.00- 10.00- An introduction to Peer Mediation

10.00- 10.30- Understanding Conflict

10:30-11:00 – **TEA BREAK**

11.00-11.30- Peer mediation Video

11.30- 12.00 -**Goldilocks Conflict Role-play**

12:00-12:30 - Approaches to Conflict

12.30-1.00- Active Listening

1.00-2.00- **LUNCH**

2.00-2.30 - Getting a Grip on Anger

2.30-3.30- Facilitated debriefing of the Peer mediation process (**the**

Steps of peer Mediation)

3:35-4:00- closing whole group activity.

Day Two

8:30-8:45 Introduction and welcome.

8:45-9:00 Icebreaker.

9:00-9:15 video of a student mediation

9:15-9:30 - The Role of the Peer Mediator

9:30 -10.00- Speaking Assertively

10:00-10:30-. **Steps of Mediation Activity**

10:30-11:00 **TEA BREAK**

11:00-11:30-Steps of dealing with emotions

11:30-12:00- Checklist for a good resolution, what is fair?

12.00- 1.00- **Role-plays – conflict scenarios**

1.00-2.00 – **LUNCH**

2:00-3:00 - **Role-plays – conflict scenarios**

3:00-3:30 Reflective activity: “What I have learned as a mediator.”

3:30-3:45 Roundtable question and answer session about successes and difficulties in being a peer mediator.

3:45-4:00 Fishbowl Activity.

4:00-4:15 closing and graduation.

Eligibility Requirements: This workshop will be open to Upper Primary Pupils, Students in Secondary Schools, Colleges and Universities

Course Materials: A Peer Mediation Practice Manual plus e-material will be provided to participants.

Location: TBA

Tuition: Kshs 12,500/=

Bank Details : Mediation Training Institute East Africa. Absa Bank Harambee Avenue account no: 2027798090. MPESA TILL NO: 5634145

For any clarification, please do not hesitate to contact Hesbon on [Tel: 0714390371](tel:0714390371), Emma on **0725538320** or Mr. Mang'erere on telephone nos **0707124831 /0733854901/020 2227886** or visit our website below. Postal address P.O Box 42199-00100 Nairobi. Physical address: **Kimson Plaza Eastern Bypass 3rd floor. Next to Benedicta Academy.**

WEB: www.mtieastafrica.org

EMAIL: info@mtieastafrica.org, mangererej2015@gmail.com.